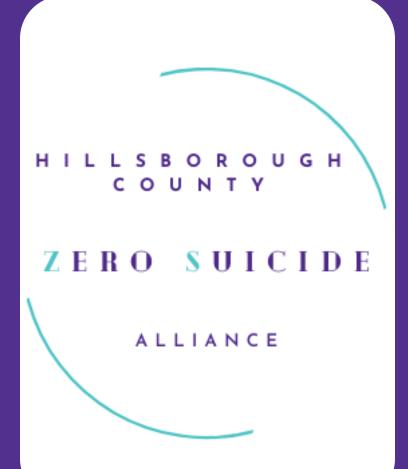
SIMPLE WAYS TO PREVENT SUICIDE



Add the 988 Lifeline Suicide & Crisis Lifeline phone number (988) to your phone contacts.





Share the 988 Lifeline Suicide & Crisis Lifeline phone number with your family, friends, neighbors, and coworkers.



Share the 988 Lifeline information through social media, newsletters, and community presentations.

For more information or to volunteer, please contact: info@zerosuicidehillsborough.org